

## *Exploring the Word in Colour and Speech* Katherine Rudolph

*A synthesis of Anthroposophical Speech and Painting Therapy*

works curatively to help you or your child with.....

- \* *Lisping and stuttering*
- \* *Autism and disabilities*
- \* *Anorexia and Bulimia*
- \* *Anaemia*
- \* *Stress*
- \* *Psychological disturbances (fear, anxiety, depression, and psychosomatic disorders)*
- \* *Speech disturbances*
- \* *ADD & ADHD*
- \* *Neurotic disorders*
- \* *Insecurity*
- \* *Anxiety*

Trained in Australia, England and Switzerland in both artistic and therapeutic painting and formative speech, I have had over 20 years experience in helping people of all ages, especially primary and secondary school students who have speech disturbances or centering problems.

I work privately and in groups where there is a need for speech improvement, painting therapy and creative writing. Using speech exercises given by Rudolf Steiner, as well as movement and my own verses and songs, the approach is full of fantasy and inspiration from the individual's needs. Epic, lyric and dramatic art are used as a basis to promote balance and understanding of rhythm, colour and grammar. Clay modelling of the Platonic Solids and biographical understanding through the colour wheel may be of interest to the secondary school level.

*I am willing to work before, after or during school at various venues.*

Please contact me through  
**The Melbourne Therapy Centre on 9876 3011**  
or at my **home office on 9727 4686.**

*www.exploringtheword.com.au*



Katherine Rudolph Curative work to help children and adults with



*Exploring the Word  
in Colour and Speech*

An Anthroposophical Approach to:  
• Communication  
• Colour Painting  
• Creative Writing

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[www.exploringtheword.com.au](http://www.exploringtheword.com.au)

Breathing Disorders  
Lisping and Stuttering  
Speech Disturbances  
Autism and Disabilities  
Psychological Distress  
ADD and ADHD

Before, during and after school evenings  
Private and group sessions  
with paramedical qualifications  
Call Melbourne Therapy Centre on 9876 3011